

10K TERNIUM 2023

3KM FEM

Pos	Num	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Tempo
1	3099	JULIA FERREIRA ALVES	F	20	F2024	-			00:21:57
2	3112	BEATRIZ MARTINS MENDONCA SILVA	F	44	F4044	-			00:22:24
3	3030	JEYCELLANY DIONISIO DA CONCEICAO	F	21	F2024	-			00:23:08
4	3050	IOLANDA CASTILHO DIONISIO DA CONCEICAO	F	53	F5054	1			00:23:08
5	3106	INGRID FRANCINEIDE SAMPAIO	F	41	F4044	1			00:24:45
6	3132	REGINA F DA SILVA CONRADESQUI	F	52	F5054	2			00:25:10
7	3164	JORGINEIA ARACI ANTUNES DAMACENO	F	59	F5559	1			00:25:28
8	3166	LUCIANA COSTA DA SILVA	F	37	F3539	1			00:25:32
9	3324	GISLAINI LEAL SANTOS	F	59	F5559	2		MOUNTAIN	00:25:37
10	3226	GABRIELLY CRISTINE MARINS DE MORAES	F	18	F1519	1			00:26:16
11	3037	TELMA DE SOUZA PINHEIRO	F	48	F4549	1			00:26:16
12	3058	MONICA SOUZA SILVA	F	50	F5054	3			00:26:19
13	3084	ALDA MARIA ASSUNCAO FONSECA	F	51	F5054	4			00:26:34
14	3194	ADRIANA DO PRADO MACHADO DE FARIA	F	43	F4044	2			00:26:35
15	3181	BRAZILIA RIBEIRO MACHADO	F	60	F6064	1			00:27:06
16	3309	NATHANY ROCHA LISBOA LESSA	F	29	F2529	1			00:27:37
17	3026	JESSICA ALVES SANTOS	F	30	F3034	1			00:27:48
18	3022	AMLIV OLIVEIRA	F	65	F6569	1		VITOR	00:27:56
19	3150	REGINA ALVES ROSA DA COSTA	F	62	F6064	2			00:27:59
20	3144	HELOISE PEIXOTO AVELINO	F	8	F0014	1			00:28:25
21	3242	MARIA CECILIA SANTOS DE MORAES	F	21	F2024	1			00:28:36
22	3325	CARLA SANTOS DE MORAES	F	46	F4549	2		MOUNTAIN	00:28:39
23	3269	RENATA PINTO	F	51	F5054	5		DIRETORIA-TERNIUM	00:28:39
24	3192	LIDIANE CAROLINE DOS SANTOS CALDERINI	F	41	F4044	3			00:28:39
25	3203	JULIANA NASCIMENTO DA SILVA	F	31	F3034	2			00:28:59
26	3358	DANIELE BONFIM DOS SANTOS	F	39	F3539	2			00:29:14
27	3276	MARIA ALEXANDRA PEREIRA DA SILVA ALVES	F	51	F5054	6			00:29:32
28	3012	VIVIANE LOBATO	F	46	F4549	3		SERCIDADA0	00:29:43
29	3079	ANDREZA DE ARAUJO RODRIGUES FREIRE	F	40	F4044	4			00:29:43
30	3075	ANDREZA DE ARAUJO RODRIGUES FREIRE	F	40	F4044	5			00:29:45
31	3191	SILVANA BARBOSA BATISTA SAMPAIO ALVES	F	40	F4044	6			00:29:46
32	3349	JESSICA GONGALVES MAIA	F	23	F2024	2			00:29:51

10K TERNIUM 2023

3KM FEM

33	3320	JULIA GONCALVES MAIA	F	23	F2024	3			00:29:55
34	3211	GEOVANNA GUIMARAES TEIXEIRA	F	5	F0014	2			00:29:55
35	3187	ADRIANA BARBOSA DE SOUZA	F	53	F5054	7			00:30:03
36	3259	MARIZE DE ALMEIDA MALIZIA	F	63	F6064	3		DIRETORIA-TERNIUM	00:30:15
37	3347	JOSEANE DOS ANJOS SILVA (TROCA Nº 5692)	F	45	F4549	4		DIRETORIA-TERNIUM	00:30:17
38	3363	LINDINALVA BASILIO DE ABREU	F	27	F2529	2			00:30:23
39	3284	GISELLE SOARES CAMARGO DA ROCHA	F	34	F3034	3			00:30:28
40	3250	ALICE COSTA	F	11	F0014	3		DIRETORIA-TERNIUM	00:30:35
41	3289	VALERIA BRICIO CAXIAS	F	55	F5559	3			00:30:53
42	3039	ALINE DE OLIVEIRA AZEVEDO SOUZA	F	38	F3539	3			00:31:18
43	3207	JUREMA MOTTA	F	63	F6064	4			00:31:20
44	3071	ALESSANDRA DA SILVA NERES	F	42	F4044	7			00:31:21
45	3189	TANIA SILVA	F	66	F6569	2			00:31:21
46	3133	ROSILENE GARCIA PERES	F	48	F4549	5			00:31:23
47	3141	SILVIA POPP PEREIRA MARCONDES	F	50	F5054	8			00:31:24
48	3279	RAFAELA FERREIRA MATILDES	F	21	F2024	4			00:31:35
49	3278	SIMONE GUIMARAES FERREIRA MATILDES	F	44	F4044	8			00:31:36
50	3204	ANA CARLA DOS PRAZERES CIDADE FLORES SOA	F	32	F3034	4			00:31:41
51	3168	YNES APARECIDA SANTOS DE ALMEIDA	F	28	F2529	3			00:31:44
52	3167	MARIA INES SIMOES DOS SANTOS	F	58	F5559	4			00:31:45
53	3024	VERUSCA COSTA HELBURGO PUSSENTI	F	50	F5054	9		VILLAGRAN	00:31:48
54	3318	JULIANA NUNES DA ROCHA	F	25	F2529	4			00:31:50
55	3319	SILVIA MARIA RUELLA DE FREITAS	F	48	F4549	6			00:31:51
56	3193	VANIA DA CONCEICAO DE SOUZA	F	48	F4549	7			00:31:52
57	3027	ADRIANA FERREIRA ALVES	F	49	F4549	8			00:32:02
58	3028	JULIANA ALVES	F	27	F2529	5			00:32:03
59	3173	RAQUEL CORREIA DA SILVA DANTAS	F	34	F3034	5			00:32:24
60	3105	JENIFFER RAMOS VIEIRA	F	25	F2529	6			00:32:36
61	3072	NATALIA DE ALMEIDA OURO PRETO FRAGA	F	37	F3539	4			00:32:38
62	3229	ANDRIELLY FERREIRA CAMPOS	F	23	F2024	5			00:32:40
63	3370	FERNANDA SARMENTO	F	45	F4549	9			00:32:51
64	3073	DANIELE DAMACENA SILVA DE CARVALHO	F	37	F3539	5			00:33:02
65	3223	ALINE FERREIRA DA SILVA BONACORSO DAS NEVES	F	37	F3539	6			00:33:07
66	3359	LAVINIA FERREIRA ALVES	F	4	F0014	4			00:33:08
67	3138	LUISA CARLA DA SILVA FERREIRA	F	35	F3539	7			00:33:08
68	3086	LIVIA BAPTISTA	F	30	F3034	6			00:33:13

10K TERNIUM 2023

3KM FEM

69	3297	PATRICIA DOS SANTOS SILVA	F	29	F2529	7			00:33:14
70	3368	KATIA MARIA OLIVEIRA	F	59	F5559	5			00:33:14
71	3117	MONICA BONACORSO DAS NEVES	F	54	F5054	10			00:33:15
72	3202	IVANIR GRILLO SOBRINHO	F	58	F5559	6			00:33:16
73	3038	CAROLINE DAMASCENO DE MEIRA ARRUDA	F	35	F3539	8			00:33:19
74	3302	GABRIELA CUGLER DE PONTES	F	29	F2529	8			00:33:19
75	3196	CLAUDIA SILVA DE OLIVEIRA	F	50	F5054	11			00:33:22
76	3097	JULIANA DE MEDEIROS SANTOS	F	45	F4549	10			00:33:26
77	3184	MARLUCIA MOURA SILVA GUIMARAES	F	48	F4549	11			00:33:27
78	3019	SOLANGE MARIA PINTO DA SILVA	F	59	F5559	7		SUBPREF	00:33:39
79	3337	ANTONIO JOSE FERNANDES DA SILVA	F	31	F3034	7		SETAS	00:33:41
80	3222	LUANA VIEIRA SHIOSE	F	36	F3539	9			00:33:48
81	3145	MARCELA DE ALCANTARA	F	38	F3539	10			00:34:06
82	3143	ISABELLE PEIXOTO	F	36	F3539	11			00:34:09
83	3218	VALENTINA MACHADO	F	45	F4549	12			00:34:10
84	3096	BEATRIZ ROCHA DA CONCEICAO DE FREITAS	F	17	F1519	2			00:34:11
85	3119	ESTEFANY DA CONCEICAO CAMPOS	F	16	F1519	3			00:34:13
86	3089	EDILMA NUNES DA COSTA VASCONCELLOS	F	51	F5054	12			00:34:20
87	3272	FERNANDA BACHMEYER TEIXEIRA GALINDO	F	35	F3539	12			00:34:22
88	3185	MIRIA DE LIMA LEMOS	F	9	F0014	5			00:34:24
89	3064	JESSICA DOS SANTOS MOREIRA	F	32	F3034	8			00:34:24
90	3197	MARIA VITORIA NUNES MENDES	F	18	F1519	4			00:34:25
91	3186	DENISE FERREIRA DE LIMA LEMOS	F	45	F4549	13			00:34:28
92	3357	ANA CLARA NOBRE	F	8	F0014	6			00:34:30
93	3334	NUEVA RANDAL	F	45	F4549	14		MULHERES	00:34:32
94	3147	MARIA EDUARDA DE MEDEIROS SANTOS	F	14	F0014	7			00:34:36
95	3135	SOLANGE ROCHA DA CONCEICAO	F	68	F6569	3			00:34:43
96	3158	ROSEMERE DE ANDRADE MONTEIRO	F	61	F6064	5			00:34:44
97	3362	MARIA DO CARMO DE MELO DOS SANTOS	F	46	F4549	15			00:34:45
98	3205	LIZ DE AZEVEDO OLIVEIRA	F	39	F3539	13			00:34:55
99	3042	ZENAY PIRES	F	71	F7074	1			00:35:00
100	3256	FERNANDA MENDES DE ARAUJO	F	42	F4044	9		DIRETORIA-TERNIUM	00:35:01
101	3341	AMANDA SANTOS BARRETO CAMPOS	F	32	F3034	9		SETAS	00:35:03
102	3044	SOPHIA PIRES DO NASCIMENTO	F	21	F2024	6			00:35:05
103	3124	CHAYENE DIAS DA SILVA	F	35	F3539	14			00:35:10
104	3290	LAYS REGINA QUEIROZ PEREIRA COSTA	F	30	F3034	10			00:35:19

10K TERNIUM 2023

3KM FEM

105	3283	MARIA LUIZA PAULINO	F	25	F2529	9			00:35:23
106	3047	LUZIA MARIA NELVO	F	51	F5054	13			00:35:56
107	3212	ALINE CASTILHO	F	43	F4044	10			00:36:00
108	3323	GLORIA DA SILVA RODRIGUES	F	74	F7074	2		MOUNTAIN	00:36:02
109	3160	ANNA RAFAELLE MOURA DA SILVA	F	10	F0014	8			00:36:05
110	3123	ROBERTA REINYELLE CAVALCANTE MOURA	F	39	F3539	15			00:36:05
111	3330	SHEILA DA SILVA GOMES	F	37	F3539	16		MULHERES	00:36:08
112	3369	AGATHA EMANUELY GOMES	F	10	F0014	9			00:36:09
113	3111	ELZIMAR DE SOUZA PERRET SILVA	F	54	F5054	14			00:36:20
114	3231	ISIS ROCHA DA CONCEICAO DE FREITAS	F	14	F0014	10			00:36:29
115	3333	ANDREA FERREIRA DO NASCIMENTO	F	52	F5054	15		MULHERES	00:36:41
116	3154	MARGARETE FERREIRA PIRES	F	51	F5054	16			00:37:09
117	3236	ANA CAROLINA DA SILVA ATHAYDE	F	37	F3539	17			00:37:43
118	3081	ANA MARCIA CARVALHO OLIVEIRA	F	29	F2529	10			00:37:49
119	3172	MONICA DE ALMEIDA ANDRADE	F	55	F5559	8			00:37:55
120	3063	GIULIA ALEXANDRINO JACONIASNI	F	24	F2024	7			00:37:56
121	3195	SARAH POLYANA DE PAIVA GOULART	F	17	F1519	5			00:37:57
122	3116	LECI BARBOSA BASTOS	F	75	F7579	1			00:38:00
123	3113	MARIA CINIRA BARBOSA DE ARAUJO	F	77	F7579	2			00:38:01
124	3090	ANA GABRIELA NUNES VASCONCELLOS	F	26	F2529	11			00:38:01
125	3009	AMANDA CARDOSO CEYLAO AUGUSTO	F	8	F0014	11		BASE-AEREA	00:38:16
126	3007	LUCIA DA SILVA CARDOSO	F	73	F7074	3		BASE-AEREA	00:38:17
127	3065	CRISTINA MARIA DA SILVA SANTOS	F	59	F5559	9			00:38:56
128	3055	NOEMIA ANGELO DA SILVA	F	30	F3034	11			00:39:03
129	3054	MARIA CLEIDE ANGELO DA SILVA	F	64	F6064	6			00:39:04
130	3068	JULIANA DE CARVALHO SEABRA	F	34	F3034	12			00:40:27
131	3178	PAULA PEREIRA DE SOUZA	F	44	F4044	11			00:40:56
132	3304	NICOLI DE AZEVEDO PAGEL	F	22	F2024	8			00:42:12
133	3182	MARIA EDUARDA DE OLIVEIRA COSTA	F	8	F0014	12			00:42:32
134	3351	LEILA MARIA RANGEL	F	60	F6064	7			00:42:37
135	3338	CARINE COUTINHO MACEDO DA SILVA	F	41	F4044	12		SETAS	00:43:25
136	3213	JESSICA DE OLIVEIRA XAVIER DA SILVA	F	31	F3034	13			00:43:34
137	3354	IVANILDA ANDRADE DE LIMA	F	0	F0014	13		TERNIUM	00:44:31
138	3170	CRESCIVALDA CONCEICAO PITANGA DA SILVA	F	75	F7579	3			00:44:32
139	3293	CELIA MARTA DOS SANTOS MOREIRA	F	58	F5559	10			00:46:18
140	3104	CINTIA SIMOES CARPINTER	F	34	F3034	14			00:47:13
141	3328	SILVIA VIANA MIRANDA	F	44	F4044	13		MULHERES	00:47:25
142	3257	MAYARA HELENA DA COSTA DE OLIVEIRA	F	31	F3034	15		DIRETORIA-TERNIUM	00:48:05

10K TERNIUM 2023

3KM FEM

143	3345	MARIETA DE ASSIS LUSTOSA	F	51	F5054	17		SETAS	00:50:16
144	3230	LUCIARA HONORATO CONCEICAO DA SILVA	F	37	F3539	18			00:51:18
145	3262	VANESSA DE BARROS NASCIMENTO ANTOINE	F	36	F3539	19		DIRETORIA-TERNIUM	00:51:49
146	3265	RENATA CAPOTE	F	13	F0014	14		DIRETORIA-TERNIUM	00:53:04
147	3016	EDNA NASCIMENTO VIEIRA	F	61	F6064	8		SERCIDADAO	00:57:00
148	3343	RAYSSA CRISTINE	F	23	F2024	9		SETAS	01:05:11
149	3336	TAISA RENATA RIBEIRO CAMPOS	F	41	F4044	14		SETAS	01:07:29
150	3041	SABRINA ANGELICA PEREIRA DA SILVA	F	41	F4044	15			01:10:25
151	3115	STHEFANY VITORIA BARBOSA DOS SANTOS	F	21	F2024	10			01:12:06
152	3163	VANESSA FERNANDES CEARENSE	F	45	F4549	16			01:28:43